

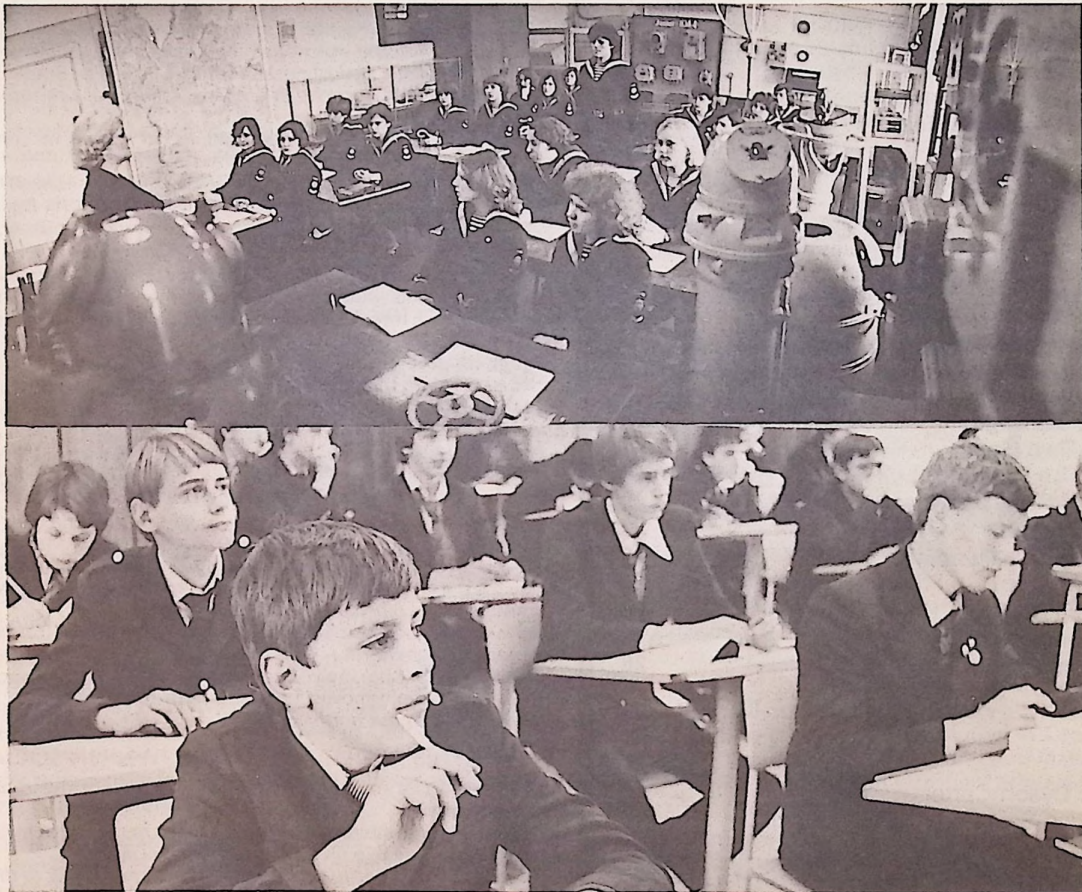
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# NORTHERN NEIGHBORS

DECEMBER  
1983  
NO. 301  
85c

Peace — Work — Freedom — Equality — Friendship — Health & Happiness for all Peoples!



The year's end brings no career or job problems to young people in Socialism. At top: these girls will all get appointments on Soviet ships when they finish school. Lower: boys at the Likhachyov Motor Plant School are assured of highly skilled work as instrument experts. For youth in USSR another year brings no fear of joining the ranks of outcast jobless, so they can all celebrate their coming life in the Kingdom of Labor.

## **Tears Shed In Grenada**

PAGE 3

## **Visitors From Afghanistan**

PAGE 11

## **Women Out-Doing Men**

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## **Health Farms**

PAGE 12

**Unusual book just released by Canadian teacher, Page-17**



# NORTHERN NEIGHBORS

The Magazine of Socialism in Action

GRAVENHURST — ONTARIO — CANADA

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Volume 29 No. 10

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### LOOKING BACK WITHOUT DARK GLASSES

What with the dismal arms-negotiations, and the shocking occupation of Grenada by Reagan's forces, many progressive people think of writing off 1983 as a total loss. A year we could do without?

*That's exactly what our enemies want!*

The arms problem in the past 12 months became the most highly explosive situation the war-makers have ever faced. Millions of people took up the struggle against nuclear suicide. And even Reagan's "allies" are appalled by what happened in Grenada, seeing it as a re-run of Adolph Hitler's trial aggressions 50 years ago.

Never before was the United Nations so united in condemning imperialism as in the past few weeks.

So before you look darkly at 1983, please read Page-4. And then, as an introduction to the coming year, try *studying* Reagan ... Page-13.

### WHEN SPORTS BECOME WORLD POLITICS

As you probably know, the Soviet hockey team had planned a tour of USA stadiums this winter. But because of anti-Soviet hysteria in the States, with open threats of violence by red-neck "sportsmen", the Soviet team cancelled all games.

Tough on promoters and fans in the Free USA.

Not to worry in Canada. Early in December Soviet stars will play in at least three cities. The legendary Bobby Hull will be on our team in at least one game.

As they say in USSR, about these matches: "Hockey is the winner!"

And in next month's NN we'll have a real treat — top Soviet hockey people will tell you what they think of us and our game.

### ANOTHER SLANT ON "ONE WORLD"

The discovery of North America by Christopher Columbus is a myth that will last a long time yet. Actually, our continent was discovered and populated by ... *Siberians*.

If this sounds too improbable, try getting the latest facts from scientists, reported on Page-5.

But it shouldn't be any controversy. As you'll see, in bygone times animals and people moved back-and-forth the world over, *travelling across Beringia in our northland*.

### WHAT'S THIS ABOUT A "SLOW-DOWN" IN SOCIALISM?

You've read a lot about it. When I was in USSR I took the trouble to get their point of view.

As often when probing USA slanders, what came out of my detective work was a remarkable picture of **changing Socialism**.

Essence of that? *They're paying more of their profits out to the "share-holders"*. Owners of the system. The people.

For a start in observing this change, see Page-22.

NN's Quote-of-the-Month: "We all know nobody can win the kind of wars now being fought, and if they escalate, it will be the end of all of us. There are no words that can properly describe this looming global war — the instant, everlasting, irreparable devastation that would be unleashed. There is a pattern which is gaining momentum, the potential for universal, total, absolute suicide." John Black Aird, Honorary President Naval Officers Association of Canada, Lieutenant Governor of Ontario, (in a Remembrance Day address, November 11, 1983).

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# The tragedy of **GRENADA**

For years, Readers of 'NN' have contributed to help the Grenadians. You want to know what has happened. We believe it is most valuable to get the views of those closest friends of the Grenadian people: the Cubans. Here is the official statement of the Government of Cuba (slightly abbreviated for reasons of space, but in no way altered). The Soviet people and their allies also read this Cuban document, which was published in full in 'Pravda' on October 25, 1983.

A deep-seated conflict had been coming to a head in the leadership and ranks of the ruling party of Grenada over the past few weeks or months. (*Before the invasion*).

**Maurice Bishop**, leader of the Party and Prime Minister of Grenada, during his stay in Cuba lasting no more than 36 hours (October 6-8), while talking to Comrade Fidel Castro and other Cuban leaders, made no mention of serious disagreements that had appeared in the ranks of the New Jewel Movement, as the ruling party of that country is called. M. Bishop expressed dignity and respect for the party he was leading, and for Cuba. These conversations dealt fully with cooperation between Cuba and Grenada. The two leaders had lengthy conversations.

A few days later, October 12, Cuba's Embassy in Grenada sent an unexpected and unpleasant dispatch about a deep split among members of the Central Committee of the ruling party of Grenada. On the morning of that day Bishop himself informed the Embassy of disagreements that had risen some time previously. They were being discussed and attempts made to overcome them. Bishop noted that he had never suspected that during his absence (in Europe) the differences would become so serious.

It was learned towards evening that Bishop's rivals had won over to their side the majority of members of the Central Committee, and the political apparatus of the Army and security service, and that Bishop was removed from his post in the Party and placed under house arrest.

Since this was a purely domestic matter the Communist Party and the Government of Cuba, in spite of our friendship with Bishop and our conviction about his honesty and ability to lead, instructed its representatives in Grenada that they, adhering to the principles of Cuba's foreign policy, should totally refrain from intervening in the internal affairs of the ruling party of Grenada.

Later our Embassy continuously sent us reports on the positions and arguments of both sides involved in the conflict. In our opinion, the matter concerned not so much differences of substance as personal contradictions, and concepts relating to methods of leadership, with other subjective factors present as well.

On October 15 Fidel Castro sent a message to the Central Committee of the New Jewel Movement, frankly spelling out Cuba's position, based on principles of absolute non-interference in the internal affairs of Grenada and the Party.

At the same time Castro expressed deep concern over the fact that the split might seriously damage attitudes towards revolutionary Grenada, inside the country and abroad, where Bishop was highly regarded, and that it would be difficult to explain the events.

Castro expressed the hope that the problems would be settled with reasonable and serious approach, and on grounds of principle and humaneness.

In effect, Cuba sought to prevent the situation from leading to violence and bloodshed. The situation did not change for several days.

There were times when it seemed that an honourable and peaceful solution was still possible. **It was quite clear that the people supported Bishop and demanded his release.**

In the morning of October 19 we received reports that workers had called a strike and that people had turned out to support Bishop. Crowds came to his residence and released him from house arrest. It appears that people had taken over a military post. The army sent troops to that district, and reportedly fired on demonstrators, killing and wounding some. The military post was re-captured and many people were arrested.

In the evening the tragic outcome became known. An official communique announced the death of Prime Minister **Maurice Bishop**, Foreign Affairs Minister **Unison Whiteman**, Minister of Education, Social Affairs and Youth **Jacqueline Craft**, First Vice-Chairman of the Grenada Trade Union Council **Vincent Noel**, General Secretary of the Agricultural and Unskilled Workers Union **Fitzroy Bain**. Exact circumstances of the death of Bishop and other leaders are still unknown.

Bishop was a political leader who was immeasurably loved and respected by our people for his talent, nobility, sincerity, revolutionary honesty and friendly attitude towards Cuba. Furthermore, he enjoyed immense international prestige. His death shocked the leadership of our Party and we deeply grieve over it.

No doctrines, principles or declared revolutionary positions, no internal differences, can justify the cruelty which led to the annihilation of Bishop and other honest, noble leaders.

Imperialism will now do its best to take advantage of this tragedy by putting a stop to the revolution in Grenada and subordinating that country to imperialist domination again. (*Tragically prophetic words! On October 25 the USA invaded Grenada.*)

After this tragic outcome Cuba will strictly adhere to the principle of non-interference in Grenada's home affairs (that was prior to the USA invasion). We will take account of all the interests of the people of that country as far as economic and technical cooperation is concerned, if that is possible in the new situation.

The regrettable developments which have occurred must be deeply analyzed by the revolutionaries of Grenada and of the whole world.

The following principle must be observed: **No crime can be committed on behalf of the revolution and freedom.**

---

Since the above official statement was made, Fidel Castro (and others) have noted the possibility that those who murdered Maurice Bishop may have acted on behalf of foreign elements hostile to the revolution. Certainly they paved the way for Reagan's attack.

We are sure that the deepest sympathy of all NN Readers goes to the suffering people of Grenada at this time.



## Truth-of-the Month

# Reagan's language has only one word

## But the people can answer him so that he understands

Lenin made a remarkable discovery in the field of human speech.

Said he: "The only language that imperialism understands is **force**."

*One word!*

All the conquests of the colonialists were, of course, carried out with brutal violence. But when the Socialist Revolution struck down Capitalism in the Czar's Empire, the battle-cry "**Force**" sounded loudly the world over.

The Western powers refused to hear any reasonable appeals for tolerating the people's Soviet Power. The plea that the world should "wait and see" what the Soviets might accomplish was drowned out by the shout of "**Force!**"

British troops poured into Central Asia. American troops seized Vladivostok. One after another all the "free" nations joined the war of intervention to crush Socialism.

When they were defeated, again in 1919 and again in 1920 they hurled their armies against the Soviet people, under that one-word banner of imperialism: **Force!**

### Imperialists start to retreat

While they were hammering at the Soviets, all over Europe and Asia the old king-ruled regimes were falling — Germany, Austria, Hungary, China, Afghanistan. Imperialism learned that the people also could answer Force with their own demands.

Then the Soviets faced the League of Nations with the unmentionable people's program: let the world unite with the goal of **complete disarmament!**

No sooner had the first Disarmament Conference started its reluctant negotiations in Geneva than the imperialists found their saviour in Adolph Hitler. He seized Germany and swept through the Rhineland.

A tremendous *arms boom* began to lift Capitalism out of its Black Depression. Germany and Japan withdrew from the League. Italy hurled its modern military forces against primitive Ethiopia. And when Popular Front movements swept forward in Europe, Germany and Italy united to crush the Spanish people, and Japan went to war to conquer China.

Hitler occupied Czechoslovakia. Italy took over little Albania. Then Poland fell. France fell. The savage Battle of Britain shocked the West.

**Force!**

### Reply of the People's Language, Socialism

Whole libraries are filled with the record of how imperialism's war-cry was crushed into silence at the fronts of Moscow, Stalingrad, Leningrad, Kiev, Kursk. When Hitler killed himself, and Mussolini was lynched by his people, hundreds of millions round the world rejoiced, believing that the bestial language of the war-makers had at last been strangled.

As we know today, imperialism survived, only moving its headquarters from Berlin to Washington.

**Force!** No conqueror of past ages ever dreamed of such total merciless violence as Harry Truman's atomic massacres in Hiroshima and Nagasaki.

Rumor spread that Truman believed he had demonstrated the power of the United States henceforth to direct the destinies of all nations and, specifically, to achieve what

Hitler had failed to accomplish — compel Socialism to surrender mankind's Future.

Reverse history . . . **FORCE!**

With astonishing speed Soviet science made fools of all the West's nuclear researchers, and soon knocked the atom-bomb monopoly out of Washington's hands.

*Force passed over into the ranks of Peace.*

### Word to be heard at Earth's funeral?

Imperialism made yet another attempt to monopolize force. With the inconceivably violent H-Bomb.

As it turned out, in USSR they solved the secret of this weapon even before the USA's laboratories had it.

Then, when the Pentagon boasted that Washington would soon be able to deliver H-Bombs enough to exterminate the USSR, using rockets, the Soviet Union announced to all mankind that Space itself was conquered — Sputnik One called to all the peoples with its message that a whole new Space Age had dawned.

That little Sputnik Moon soon was followed by a spaceship carrying a living man, Yuri Gagarin, just when the West's professors warned that no live organism would survive in Space before 500, maybe 1,000 years of research.

Everyone talked of a new era when West and East both would join for adventures exploring the Cosmos.

But imperialism could not understand such an invitation from intelligent people. To this day its language repeats endlessly the solitary word: **FORCE!**

Force even in Space?

The greatest rockets the Pentagon can plan are for war in the heavens.

War to deliver 10, or 100, or 1,000 times more bombs than are necessary to wipe life off our Earth.

Tragically, **Lenin was right.**

### Another FORCE imperialism must grasp

Just as it was the Soviet people, in 1917, to 1921, who defeated the enemies of Socialism with the unconquerable force of **Peace**, so today the peoples of the whole world are rising in defence of our planet.

This kind of force is *unprecedented*. Not only because all intelligent human beings oppose the suicide of mankind, but also because *imperialism cannot profit from annihilating the world.*

In coarsest terms: there's **no profit in it.**

In spiritual terms: whose God could bless a conflict that would leave **no believers alive?**

In political terms: where is the party or program that could win in a world **charred to death?**

But time is very short for uniting humanity.

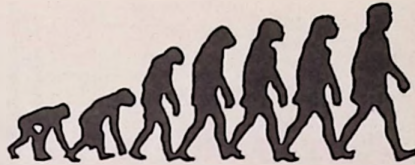
Reagan's imperialism tasted blood in little Grenada, and human blood has always sharpened the appetite of those who speak Force.

Lebanon next? Nicaragua? Angola, Cuba, Canada if we stand in the way of their *Cruise-testing?*

People's Force alone can bring us salvation from the language that talks of The End of The World.

And you are the People. Do it! **NOW.**





# Thousands of years before Columbus

Siberia and Alaska were not always separated by Bering Strait. Instead of water, a vast area was then dry land. Scientists today call this vanished region "Beringia".

Soviet scientists consider this subject so vital that they have a name for it: **beringiology**.

Bering Strait today is very shallow. It was "dry land" during the Earth's last Ice Age. Sediment on the bottom proves that the "water cover" there now is very recent, as geologists measure time.

USSR studies have mapped the entire "coastline" of the land that went under the waves, Beringia. Truly a vast area, 900 miles long, from Wrangel Island to the Aleutians.

Our planet went through several Ice Ages (glaciation). And so there were several Beringias. Each one amounted to a huge "bridge" of dry land connecting the continents of Asia and North America.

As you might expect, each time a Beringia existed then plants and animals moved back and forth between the two continents.

Many researches show that ancient rodents, ancestors of monkeys (lemurs), and large animals also, *migrated back and forth* between the Old and New Worlds . . . whenever Beringia came up "out of the waves".

These bygone animals **stopped** in North America because South America was then shut off by a wide water barrier in the Panama region.

Millions of years ago migrations of ancient animals covered incredible distances. Elephants, mastodons, mammoths, travelled from Africa, across Asia, and over into North America.

In the other direction, many ancient rhinoceros types, originating on our continent, found their way over the "Beringia Bridge" into the Old World.

However, fossil records show that "our" animals — like buffalo, elk, deer, mountain goats, wolves and bears — came originally from Africa-Asia.

But camels evolved **over here**, then moved around the world to settle in Asia!

Traffic was heavy in Beringia.

Including Stone Age people.

These hunters of ancient times were the discoverers of America.

Armed only with stone weapons they had no ships: they **walked** across the Beringian Bridge.

They were the ancestors of our **North American Indians**.

Soviet and other scientists have settled that basic question. But now beringiologists have an even more fascinating problem to solve.

From what part of the Old World did those primitive "Columbuses" come? Kamchatka? Japan? Yakutia? Or from far inland in Central Asia?

This leads scientists in USSR into a sharp debate.

Some say that fossil and other records show Stone Age explorers were fairly advanced types, for what is called the Paleolithic Age.

Other disagree: they insist that the first "people" to come down and settle in North America were very, very early types, who made the crossing over the first Beringia, not the later lands that appeared there.

But suppose "Man" at different stages of development came over via different Beringias?

We learn from Dr. K. Amanniyazov, Director of the Institute of Geology in Soviet Turkmenia, of an astonishing "find" in the mountains of that Republic.

In the past, fossil "footprints" of many strange animals have been found in dense limestone which gradually preserved them. Some prints were identified as those of dinosaurs. These are rare in that part of the world. So an expedition was sent . . . and no less than 500 "prints" of giant reptiles turned up.

This year's expedition had amazing luck: scientists recorded 1,365 footprints of 35 different dinosaurs!

Included were prints of "pangolins", who stood 30 feet tall and walked on two legs.

Since such finds (on a small scale) were previously known only in Portugal, Soviet researchers decided to investigate in the Kugitang Mountains, where 2,000 pangolin prints were found."

Would that account for differences in the humans who gradually spread in North America? Distinctive Indians, Eskimos?

If Man discovered America very long ago, the evidence indicates that he originated in Siberia. If the first crossing of Beringia came later, then the explorers probably were Asians.

And then: how about human types *going the other way* (backwards), say during the last time Beringia existed as dry land?

Scientifically, such questions may be more readily solved by close (and very patient) study of *plants* and *animals* and *fishes*, who left the record of their "travels" between the Old and New Worlds.

Already there is conclusive evidence that the two big continents were solidly "joined" up there in Beringia. For example, of 89 species of birds living today in Alaska, 71 are also thriving in Siberia.

And a very small ancestor of the elephant, thought to be "native" to ancient Egypt, may well have first migrated **there** from here in North America.

Why such interest in animals very long vanished from Earth?

Dr. Amanniyazov does not report sensationally. No need to . . .

Close by the pangolin footprints were the prints of a man-like animal!

As you may know, recently scientists concluded (from fossils) that "man" appeared on Earth as early as 5 million years ago. But the new Soviet finds prove that man's ancestors were here with the dinosaurs . . . at least 150 million years before us!

By coincidence, at the same time other Soviet scientists, working near Yakutsk on the Lena River (Siberia), found not only prints but prehistoric tools and hunting-weapons, that date back hundreds of thousands of years.

Indeed, Dr. Y. Mochanov tells us, it is probable that "man" was hunting and working several millions of years before "civilization".

In Beringia, too? Over here?



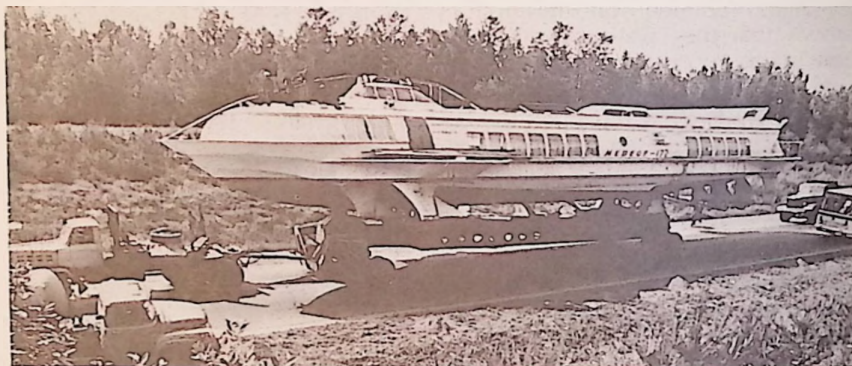
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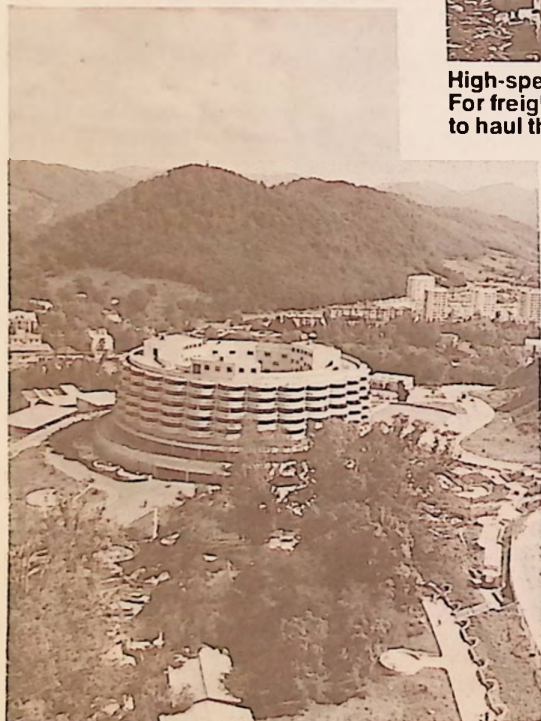
Plant in Orel using many new Soviet "robots" of type known as "manipulators". All run by one skilled operator.



This power station at Tirasopol (Moldavia) is one of biggest coal plants in USSR. Scientists developed anti-pollution equipment to remove gases from smoke. They're converted into mineral fertilizers for enriching farmlands, 50,000 tons per year on first unit, with 11 more to come. Payoff: heat is used for greenhouses shown in foreground above.



High-speed hydrofoil river craft are used by hundreds in booming Siberia. For freight and passengers. Fastest way to get them to rivers like Angara is to haul them by highway.



Splendid new tourist Hotel has opened in Dagomys, next to famed health resort city of Sochi. Accommodates 2500.



One of youngest Soviet cities is Novy Rozdol, but it already has modern anti-pollution service, run by Svetlana Shurypa.



Right: many Soviet co-op farms are going for "mariculture", or farming fish and other sea products. This one is on Valentin Bay. They grow oysters and nutritious, tasty sea-plants. This Pacific ocean farm has 170 acres in "crops," and is expanding.





# Are Women Out-living Their Men?



You may recall NN's Report on this question, several years ago, and now available in Publication No. 950: "*Men are the Weaker Sex*".

Recently both the medical and popular press over here have begun paying attention to this fascinating problem. It's amusing to see that today's "explanations" of women's longer life, in the West, compared to their men, are the same elementary notions put forward years ago by Soviet scientists, but now being radically changed.

First, check basic facts.

On a *world scale* women live three-and-a-half years longer than men. But a minority of women — those who live in developed nations — out-live their men by a surprising average of around **10 years**.

How's that? The age-difference in USSR now has climbed to 10 years, and for quite a time Soviet specialists considered that difference to be quite "natural"; because men in Socialism (despite much health propaganda) still *out-smoke* and *out-drink* women by a very big margin.

Also: millions of men work in strenuous and sometimes dangerous jobs, especially driving cars, trucks and heavy equipment, so their total of life-shortening accidents is far greater than women's.

Careful research, however, has revealed that these simplified explanations **hide the real story here**.

Dr. V. Geodakyan, Institute of Biological Development in Moscow, takes a radically different approach.

— In 70 species of important animals (none of whom smoke, drink, or drive!) 62 have males with markedly shorter lives than their females.

What this really means, when you take the long biological evolutionary view, is that males are required by Nature to do **dangerous things**.

To put it another way: in order for an animal species to cope with the ever-changing environment, **males must be sacrificed**.

Males take the risks, and when they find "the best way to move ahead", females preserve and pass on the new way-of-living.

It's not a question of which sex is "superior". But major sex differences certainly are found.

Thus, males are **far more varied** than females. In men, you find many more **giants and dwarfs**. Many more **geniuses and idiots**.

And average males are far less able to stand **extreme stress** than females are. During evolution, males who broke down under heavy strains served as **warnings** to the species, so that other males tried other approaches.

And the females preserved the traits of the survivors . . . the safe way.

In cold climates (like Siberia) it's well known to doctors that women newcomers **readily adapt** to the climate by adding on protective fat. Men (usually) **adapt poorly**, remain slim and . . . at risk from cold.

Dr. Geodakyan says this is exactly what happens when men are exposed to the many harmful factors that cause high blood-pressure, heart seizures, strokes, cancer, and also serious mental diseases.

On the average, men **cannot adapt** as well as women.

But here we come to a fascinating "contradiction". If males "lead the way", then we should all be **dying sooner**; whereas both males and females are **living longer**.

Actually, biologically men are leading the human race towards **longer life**, even though many are "sacrificed" on the way to that goal.

What about the male survivors?

You've seen the facts: **many men live much longer than women!**

— When it comes to living **very old**, men excel women greatly; in typical Soviet districts where there are many people 100 years or older, for every *one woman* in that age group there are *fourteen men!*

So the facts are **contradictory**? Not at all, Dr. Geodakyan assures us. To get down to the root of this situation we must ask: **Why** did Nature develop **two sexes**, male and female, so very different?

Well, Nature has done that *very rarely*. Of all living things on Earth today, 98-of-100 have **no sex**. They multiply by cell-division or self-fertilization.

Mammals (like us), birds, and insects **have sex**. They are very complex organisms. Over millions of years they evolved in fast-changing (dangerous) environments. And facts prove that living species **divided into two distinct sexes** are much more stable.

For a moment, think of a non-living thing. Like a *ship*. It has a rudder, and a keel. The rudder *changes the ship's direction*. The keel helps to keep the ship *going straight* ("on even keel").

Similarly, with males and females. In our progress through evolution, males get *new information* from the changing environment, and "process" it to help the species *advance*. Females perform an equally valuable role: as the "stabilizing keel" they *hand down the newest "information"* so it is used, not lost.

Biologically, the male's role of changing with the changes in surrounding Nature is a **dangerous role**. The female's **protective job** has to be, and is, much safer.

So the great majority of female animals *live longer*.

It is these "evolutionary scouts" who are clearing the way for **both sexes** to enjoy very long lives.

Men really do live "out front", but **slower**. They remain in the womb longer. They walk two or three months after baby girls. They mature sexually two years behind girls. They stop growing three years after girls. They father children 10 to 20 years after motherhood stops.

In short: women *develop, mature, and grow old* earlier than men.

So, the most "advanced" males live past 100, while very few females do.

Dr. Geodakyan is an **optimist**.

He insists that when we can impress on men **their high risk** of shortening their lives, they will more and more frequently **pass age 100**.

Then those "death-rate figures" will be reversed. Men will begin to live as long as their wives.

Longer? Improbable. In Nature *the female always catches up*.



# Mass Murderers

**This week approximately one million people will die from starvation. About 6,000 in the next hour. While you read this 500 will die. Yet our world has plenty of food. Who keeps it away from the starving?**

According to the impartial UNO Agricultural Council (FAO), right now the world's grain stockpile is large enough to give every man, woman and child more than the healthy diet of 3,000 calories daily. Plus recommended 65 grams of protein.

But the U.S. Department of Agriculture told the Bank of France that "the present food *shortage* can't be overcome at this time."

*Who's lying?*

Should be no falsehoods, because with food supplies you are dealing with facts, real numbers, not politics or opinions or propaganda.

Edouard Saouma, Director-General of FAO, who has no reason to tell untruths, says his world-organization finds "the food situation was never worse". He appealed for urgent efforts to stop mass death by hunger.

What kind of efforts?

Here's what the FAO Council says: while the world's grain reserves alone could feed everybody, many nations have grain surpluses rotting, while more nations have none.

How does this happen?

The FAO leaders, though concerned about hundreds dying every time their Council meets, seems strangely unable to report one fact.

Everywhere in the world where people are dying of hunger while food spoils, grain is privately owned.

The magazine *Africa Now* (published in London) has dug into this situation and finds that the world's enormous grain stocks, found in the West, belong to no one nation . . . the food reserves are in the hands of "trans-national" companies.

This is confirmed by the UN Centre on Trans-National Corporations.

Latest facts show that some 20 gigantic "agri-monopolies" control grain in the West. Their annual business is half-a-billion dollars and up (each of the 20).

Little known even in the business world is the huge profit made by trans-nationals, in grain.

Hard to believe, but out of every 100 million dollars of grain sold in the West, 85 million goes to only five companies: Cargill, Continental, Louis Dreyfus, Bandis and Compagnie Andre.

These giants, directly and indirectly, control government purchases of grain, supply of seeds, market prices, transportation, etc.

Thus the Royal Dutch Shell Corp., known as a petroleum monopoly, makes huge profits from 30 grain companies (Europe and USA) which it controls.

The Less Developed Countries that have friendly relations with USSR are rapidly developing their agriculture; but others (majority of world's population) have seen their farming taken over by "free enterprise".

With what effect? In just 20 years these nations, which used to export food, now must import all essentials . . . from the trans-nationals.

But some foods are exported: those in the "luxury" groups (fresh fruits, vegetables, tea, coffee). Farmland which used to produce nourishment for the people now are taken over to supply delicacies, which the starving people cannot buy.

This kind of "enterprise" has netted the agri-monopolies profits over 51 billion dollars, on total investments of 13 billions. Wall Street can't dream of such returns.

The FAO counts at least 60 nations (in the developing world), where starvation is worst, that have decreased their food production in the past 10 years.

But trans-national profits have held steady at some 30 percent per year.

A factor which our economists seem reluctant to consider is the effect of profit-from-mass-hunger, in distant lands, on the steadily rising prices of food right here in "rich" Canada and USA.

Food prices, in Capitalism, are subject to world influences. While hundreds of millions face ultimate death by starvation, trans-nationals have little difficulty in keeping up the price pressure on foods here.



You can see two other "world influences" here.

o Socialism is pressuring Less Developed Countries to break free from hunger by growing their own basic foods.

o The Soviet Union continually worries the West's price-fixers by never raising food prices in the stores, an "object lesson" that becomes ever more impressive.

While the White House endlessly warns of the "Soviet threat" in a military sense, the West's giant trans-nationals see another weapon in Socialism's hands. With USSR self-sufficient in food, if other lands decide to go that way then monopoly-Capitalism would lose fabulous profits.

Indeed, Earl Butz (Reagan's agriculture secretary) boasted that USA food exports are "a chief weapon" in its world policies.

Weapon? For real. That weapon put 6,000 people to death in the past hour.

This dreadful sacrifice of human life cannot be ended simply by growing more food here in Capitalism. The truth is tragically clear . . .

The food needed by starving people must be owned by them.

"Private ownership of the means of starvation" is killing whole populations, in a world where abundant food is waiting for all.

For a moment, turn from the dead in far-away places. Look close to home. Our hungry people do not die in the streets.

But while our storage and refrigeration plants burst with surplus food, millions are hungry.

The Socialist world ended starvation forever with public ownership of land and harvests.

No greater "revolutionary transformation of the world."





# Soviet Science leads world in **JOB**s for GERMS

Germs (micro-organisms) were the first living things on our planet. So they have been developing for some *billion years*. They learned to cope with many great changes. At the same time germs themselves greatly influenced Earth's soil, waters, atmosphere.

Today we know germs that can live on almost anything. Even sulfuric acid, metal ores, paper, concrete, deathly chemical poisons. You name it, there's a germ somewhere that will eat it.

Well, bacteria don't really *eat* as we understand the term. Their "raw food" is *too big* for their microscopic bodies to "swallow". So, somewhat as we digest food *after* we get it inside us, germs tackle their meals *before*. They usually secrete powerful enzymes which "digest" what they want to absorb. This they do far more efficiently than any chemists can work.

## Amusing "bacterial boycott" which Washington's scientists would now like to forget

Though our media never did pick this up, a few years ago the White House became alarmed at the prospect of "breeding" new microbes to do vital industrial work.

The president's dutiful hate-Soviet scientists warned, especially, that microbes might make USSR independent of USA feed-grains for cattle.

No way! Suddenly laboratories were forbidden to send any enzymes or other germ-related biochemicals to Moscow.

You are probably grinning already. Famed Soviet biologist Dr. A.A. Bayev in remarkably short time "bred" the most productive germs ever.

Some even produce 1000 times more enzymes than in nature.

Dr. M. Rozhkova tells how they soon developed *new yeast bacteria*. They grow very fast. Give amazingly high protein content. Are proving to be ideal for cattle and poultry feeds.

Yes, such man-grown yeasts can serve as an excellent replacement for soybean, a major USA export grain.

Science is learning how . . .

- Germs can break up even hardest ores, with no machines, chemicals, furnaces.

- They can "feed" on deadly industrial wastes, making them quite harmless to animals and people.

- They can produce valuable chemicals (like insulin) at low cost.

- They can even (in special forms) be eaten as tasty nutritious food.

But is any of this *practical*?

Dr. M. Ivanov (Institute of Biochemistry and Physiology) tells NN that Soviet coal miners are now going to be protected by a special breed of microbe — it lives on methane gas, cause of terrible mine explosions.

Because mines are going deeper, and using many electrical machines, the menace of "sparking" methane is getting worse. Blowing the gas out with huge fans is already very costly, unreliable.

While yeast has been used as human food for ages, only now is it a "crop" for farmers. Grown in industrial vats, under ideal conditions, this food is immune to weather and drought.

Two other big advantages:

- To grow this "feed crop" farmers don't have to use good fertile land.

- The microbes "eat" a wide variety of materials, including lowest-priced oils and gases.

- As food for animals, and even for humans, this new kind of yeast is far more nutritious than soybeans.

One ton of the stuff in poultry feed produces two tons more meat, 25,000 eggs.

Well, are they using it?

Biochemical engineering experts admit that the USSR today has by far the world's largest industries using microbes to make feeds, vitamins. Once again a Washington "boycott" actually speeded Socialism's progress.

That progress is astonishing.

Newest Soviet germ-feed is far superior to the best grains, since it is very rich in one indispensable "amino-acid" called lysine.

So now they "breed" bacteria which eat methane ravenously. Germs are pumped down into mine-workings through special bore-holes. This also works on large dangerous areas of worked-out mines.

Strangely, other Soviet biologists found how to breed germs that produce methane gas. They go to work in oil fields that have run dry.

With double benefit: methane can be used as a valuable fuel, and at the same time, as it is produced in old oil wells, much remaining oil starts to flow upwards.

Methane can also "thin out" oils which are too heavy to pump up economically.

In a very different direction Dr. L. Golovlyova has mobilized a new breed of germ to rid farmlands (and buildings) of the deadly insecticide called DDT. Some bacteria eat it. So now this valuable pest-killer can be used, and all excess safely destroyed.

Production costs are continually being lowered, as new "food" for microbes is developed.

Such food includes wastes from big petroleum refineries. And alcohols obtainable at little expense from widely-available farm wastes.

But some Soviet researchers say that by far the cheapest way to grow food yeasts is to feed them natural gas, now super-abundant.

Dr. V. Yeroshin reports that feeds of this kind are being turned out in USSR right now on a scale not attempted anywhere else in the world.

If the idea of making food from oil and gas doesn't appeal to you, remember the yeast-food made this way is the same as the natural food we've eaten in breads, cheeses, yogurt and many other germ-made nutritional products.

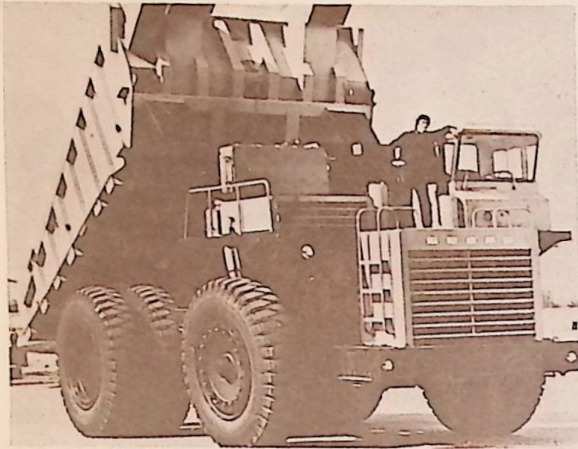
Dr. V. Belikov offers a prediction not comforting to stock farmers.

Microbes, he tells us, will soon produce highest quality protein without any need to grow animals . . . or the feeds they require!

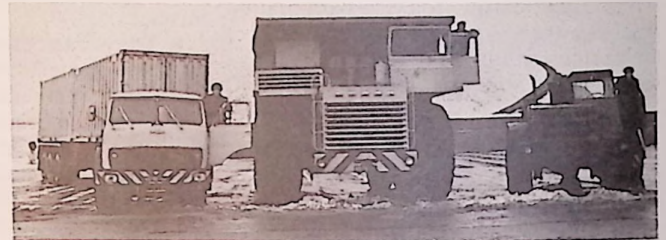
The end of famine everywhere.



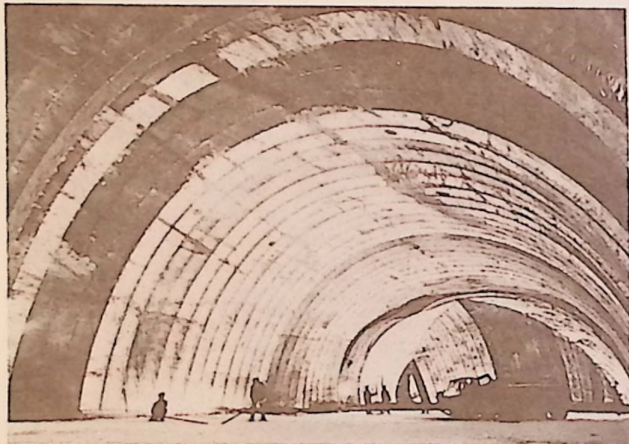
# Can't make them fast enough



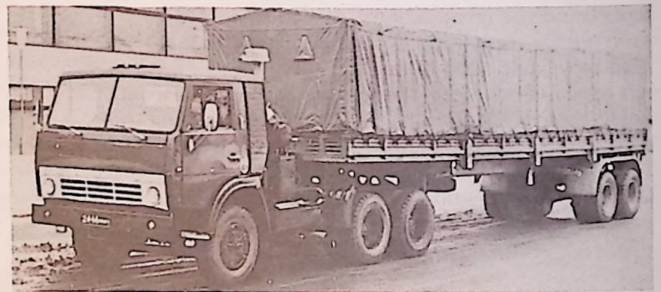
The Belaz-549 is an 80-ton pit truck, widely used in Soviet mines. New 150-ton model on the way.



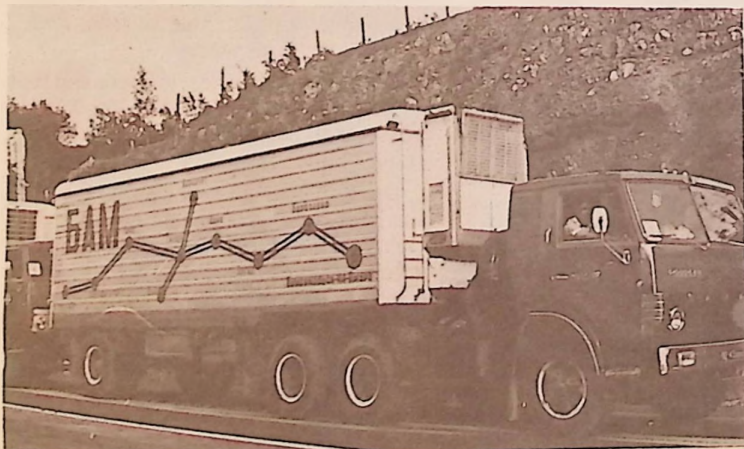
This trio made at Minsk Works, Byelorussian Works, and Kirov-Mogilev Works. Demand exceeds output.



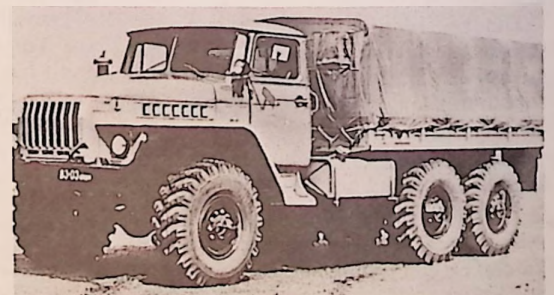
"Garage" for servicing heavy vehicles. Yes, it is inflatable, portable. Ideal for use in extreme north where trucking services are needed before usual facilities can be built. At Urengoi, Tyumen Region.



One model of truck produced in world's largest truck plant at Kama on the Volga. This is the factory Reagan tried to shut down by denying machinery for production line. Nearly all equipment in the plant is Soviet-made, but West Germany helped by installing some new high-speed machine-tools.



This model transport you see all over USSR today, as streams of "KAMS" pour out of factory. These are taking foods for builders of the "railway of the century" (Baikal-Amur-Mainline or BAM) in Siberia. This model of Kama is seen more and more often on European highways, as East-West trade continues to grow. Neither as big nor as fast as our biggest, they are making a reputation for reliability and economy.



This URAL-4320 off-the-road truck handles 5 tons and can go almost anywhere. Used mainly in newly developing oil and gas regions, where there are no highways yet. Soviet planners did not go for super-size truck-trailers we use widely, for two reasons. Railways are far more economical for heavy freighting; and huge trucks are too damaging to highways (especially in their very cold winters). Incidentally, as their truck output soars, their steel, glass and rubber plants also must plan to cope with demand. All adds up to "surplus" of jobs, shortage of people.



# Moslems see Truth for themselves

**We're told that Moslems are out to destroy Afghanistan's socialist system because it persecutes them. Interesting to see what they said when they visited neighboring Uzbekistan. Why won't our media tell us the truth?**



This past summer more than 100 Moslem clergymen, all natives of Afghanistan and living there now, visited their next-door neighbor, the Uzbek Soviet Socialist Republic. Their purpose was to see how Moslems get along in a land that has been Socialist for 60 years.

Officially, they were invited not by the Soviet government but by the Muslim Religious Board for Central Asia. This is the highest body governing Moslem affairs in USSR. It's headed by Mufti (Rev.) Shamsutdinkham ibn Ziyautdinkhan.

The Afghan delegation was led by Mufti Muhammad F. Vadan. After he had travelled through the Uzbek Republic he spoke frankly about the observations he and his fellow clergymen had made.

First: "We have seen that life here is much happier than we had expected it to be."

Second: wherever they went they saw that "the Muslim Religious Board for Central Asia has made a great contribution to the cause of strengthening our religion."

Besides the capital Tashkent they had opportunity to see life in other centers large and small: Urgenich, Khiva, Bukhara, Samarkand. And everywhere they met large numbers of believers, with whom they "read many namazes" (form of prayer) in crowded mosques (churches).

Said Mufti Vadan: "Thousands of people gathered for prayer. After 'namaz', learning that we were there with them, our brethren-in-faith warmly, open-heartedly greeted and embraced us. This touched us to the bottom of our hearts and we believe our friendship will be unbreakable."

It was clear that the Afghan clergymen were surprised to visit the Islamic Institute and the magnificent Mir-Arab Madrasah (higher school). "We were unforgettably impressed by these places where the next generation is being trained."

As hundreds of thousands of foreign tourists know, the Uzbek government has restored many magnificent Moslem structures of bygone days, architectural masterpieces that had long before Socialism been either ruined by invaders or by the ravages of time. This, naturally, impressed the visiting clergy.

Also, wherever they went people (believers and others) spoke warmly of Afghanistan, its people, and the new Socialist regime being developed there in the face of continual and incredibly brutal attacks by "rebels" from the USA's ally, Pakistan.

During this visit it became clear that very long before the present difficult situation, the peoples of Afghanistan and Soviet Asia were genuine friends. That friendship was not easy to express when the Afghan people were ruled by outright anti-Soviet exploiters (including Moslem muftis). But the situation is radically changed now.

Mufti Muhammad R. Anbar put it this way: "We dreamed for a long time of visiting our friendly Uzbek neighbors. We wanted to see your mosques and mausoleums.

"Glory be to the Almighty, after our April (Afghan) Revolution our dream has come true and we, at last, are here in your hospitable country!"

You can move to the opposite "political extreme" and find that our media are deliberately misleading us regarding the *Afghanistan-Pakistan* situation.

When this was written, a confidential meeting between Pakistan leaders, Afghans, and the United Nations, in Geneva, collapsed. But highly significant "changes-of-face" came to light. Top Pakistan figures now believe that there is **no point in trying to overthrow** the Socialist regime in Afghanistan. It is firmly supported by the big majority, *including moslems and their clergy*.

In view of this, USA negotiators revealed a surprising coolness towards Pakistan's demand for massive military support.

That attitude is the result of rapidly growing opposition to the Pakistan regime (under Zia). Several major areas of the nation are beginning to support "break-away" movements. As in Argentina, the people want to be rid of military dictatorship.

Increased attacks on Afghanistan are obviously becoming unrealistic.

Rev. Anbar also stressed: "We witnessed that the Muslim religion has deep roots among the people here. They perform all religious rites willingly and with respect by the public. We performed in several beautiful mosques, and took part in marriage ceremonies in two of them.

"Our delegation has seen for itself that freedom of belief is upheld by the Soviet state.

"We can resolutely and sincerely say that lying propaganda about the position of Moslems in Central Asia has no basis in fact.

"I wish great success to the working people of Uzbekistan!"

Mufti Kari S. Abdusattar added his testimony. "I have seen no Soviet muslim praying in secret for fear of being observed. I went into mosques, took part in the services, delivered sermons at their request. I did all that in full accord with my convictions, and nobody controlled me or checked my words.

"I don't believe that people in any Arab or other moslem country enjoy any more freedom than you have here in the Soviet Union.

"I could say much more about the interference of governments in other Islamic countries where people cannot get freely together for prayer and observing all religious holidays."

(A reference to Pakistan?)





# HEALTH FARMING

Plants have been used for thousands of years as a "medicine" to treat illness or as a tonic for restoring people to vigor, after illness. Such natural plants, called herbs, are coming back into favor, and the world market is growing rapidly.

This has raised a serious problem. When amateur herb-gatherers go hunting and picking wild herbs for profit, they often *ruin* such plants. That's why, in the Soviet Union, herb-growing has for years been organized on a scientific basis.

Typical of their publicly-owned (state) medicinal farms is the large one at Dzirkstele, in Latvia. There each herb is planted and propagated for maximum yield continuously over the years. Harvests are timed for highest medicinal content of the ripe plants.

Uldis Rozenberg is the director of this farm, and he started "from scratch" eight years ago. First, they had to find out which valuable herbs grew best on their specific soils (Baltic region). Then came the difficult years-long task of determining how and when to plant, cultivate, fertilize and harvest the herbs they selected.

Rozenberg set up a research laboratory. Scientists soon narrowed down their choice of crops to *camomile*, *motherwort* and *pot-marigold*.

Today you can see at Dzirkstele no less than 60 acres in camomile. Properly cared for this herb yields several crops of its valuable blossoms in one summer.

When to harvest? This question is answered by the laboratory staff, who constantly keep track of the medicinal "strength" of the camomile blooms.

Not so simple, really. The potency of this herb, as with several others, depends not only on the month, week and day, but also on the *time-of-day* that is best for gathering the blooms. Naturally this requires intensive organizing to see that the harvesters, aided by specially designed machines, are available on short notice.

As for quantities, their *motherwort* crop gives you an idea of the farm's capacities: they regularly take in 175,000 pounds of this valuable herb.

Growing and harvesting require exact control, but another factor complicates herb-farming. After being cut the blossoms (or leaves, stems, roots of each specific plant) must be stored and dried with extreme care, to preserve their medicinal contents.

This past autumn a group of Soviet researchers, led by Dr. M.A. Lisaviano, received a top honor (State Prize) for their remarkable work on a unique "herb", known in English as the *sea-buckthorn* — though it thrives far from the oceans.

Sea-buckthorn is a major medicinal crop in the USSR's "health farming" industry. Today, over 60 percent of these wonderful berries are not "natural" at all, but have been bred by Dr. Lisaviano's team.

Their work has been very patient indeed. Every year they've taken expeditions of "berry-pickers" to the USSR's mountainous regions: Altai, Tien-Shan, Caucasus, Sayan and Transbaikal. But it is the *whole plant*, not just its berries, they hunt.

From among *thousands* of the naturally-growing plants an expert can spot a very few *outstanding* specimens that are sure to be growing in the dense thickets (guarded by their dangerous thorns). Back at the research center, each selection is carefully grown and tested for yield, medicinal value, resistance to frost and disease.

Over the years the sea-buckthorn laboratories have built up a stock of 26,000 specially chosen plants!

Incidentally, these Soviet buckthorn berries (once you get past their wicked thorns) are *very fragrant*. Their delicious sweet-sour taste has given them the nick-name "Siberian pineapples".

The entire fruit has medicinal values, but the *oil* of sea-buckthorn is a genuine pharmaceutical product. For centuries the people have used this to heal burns, frost-bite and some skin diseases.

And biochemists now strongly approve of *eating* these fruits (fresh, or in jams and jellies, and even in a unique buckthorn liqueur). For obvious reasons . . .

These berries contain 10 *vitamins*, 17 *amino-acids*, nutritionally valuable *sterols*, and *micro-elements*.

All in natural form. So the berries could almost be marketed as a "health prescription". So far the Soviet crop is heavily over-sold each year.

Production is due to expand. Especially since the researchers have discovered that *cross-breeding* of plants from *widely separated areas* gives new varieties, with high yields and medicinal properties.

The State Prize was awarded partly because of this remarkable work: over 80,000 cross-breed varieties were obtained over the years; and out of these, careful studies led to just 15 *hybrids* recommended for large-scale buckthorn farming.

In the past, when amateur herbalists collected these berries, the "harvest" was no more than 600 pounds to the acre of buckthorn thickets. But last summer farms in the Altai region harvested 10,000 pounds per acre of a hybrid berry.

And irrigated farms stepped up this yield past 45,000 pounds!

Plus: the total "biological" content of this variety of sea-buckthorn is 200 to 500 percent higher than in natural plants growing wild.

However, from the farmers' viewpoint, the best quality of the laboratory-created buckthorn, thanks to scientific selection processes, is that it has *no thorns!*

And this remarkable new feature has appeared along with two other prize-winning changes:

Berries are *twice to three times* natural size.

Fruit stalks are now *twice as long*.

Combined, these new features greatly simplify the designing of high speed buckthorn harvesters.

At the same time the propagation of this herb has been greatly speeded by a technique of using what gardeners call "softwood cuttings". This is especially valuable in growing the new hybrid varieties.

Already the output of buckthorn oil, processed mainly at the Bisk Vitamin Plant, has trebled, to reach 130,000 pounds last season.

Health Farming is big in Socialism now.



# Understanding Reaganism



Millions are trying to "figure out" the Man in the White House. Your approach to this President will be broadened when you see the view from the USSR.

For a couple of years Ronald Reagan, first Hollywood movie-actor ever elected President, was regarded by the world public as a kind of political curiosity. But no longer. The prospect of this man being elected for another 4-year term makes him one of the most feared leaders in history.

Quite a few times in the past Washington has given voice to "save-the-world" ambitions. But Reagan has made his Messiah approach official USA policy.

Though children don't learn it in USA schools, from its very beginning their country has openly, or quietly, believed that The American Way Of Life must and will spread over the entire Earth, regardless of the plans and wishes of other peoples. Today this is expressed in **outright military force**, as in the Middle-East and Central America (conquest of Grenada).

However, the program of Reaganism differs from all previous White House attitudes to the world, because it is founded on the **force of nuclear weapons**, which now have the possibility of **destroying the world**, including USA, USSR, their allies and all "neutrals".

Lenin said prophetically: "The only language imperialism can understand is the language of force."

Americans, from the President down to the man in the street, *have always admired force*. This is because they have never known the limitless tragedy of war, never mourned millions of dead, never stumbled through the ruins of their cities. To them, war is force **inflicted upon others**, who cannot sing *God Bless America*.

Indeed, the USA's position on our planet has enabled its rulers to carry on wars **far away**, and manage those conflicts so that Capitalism at home **profited richly**, bringing wealth to the millionaires and record high incomes to the people.

From inside the USA *war still looks good*.

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In the rest of the world the view is radically different, since the vast majority of people (including the rich as well as the workers) see in Reaganism the unbearable threat of **nuclear war coming at them for real**. Dying for the Messiah who is determined to rule the world, alive or dead.

Not only Socialist statesmen but the leaders of major Capitalist countries also realize now that **Ronald Reagan himself**, the individual person, is contributing very heavily to nuclear war preparations.

But even so, by himself the President could not decree the end of the rest of the world. Reaganism is also the **program of the USA's ruling class**. The nation's most powerful financiers and industrialists are enthusiastic disciples of this Messiah.

From time to time *they have their doubts*.

Thus House Speaker Thomas O'Neill, with connections in highest places, told *New York Times* (Nov. 2 '83) that it is **sinful** for Reagan to be leading USA at this time, because he is making **serious mistakes**.

O'Neill revealed that the President works very short hours, doesn't read vital "briefing papers", knows little about basic problems at home and abroad.

Others who know Ronald Reagan say that he reads mostly astrological predictions, believes in Flying Saucers, is confident that "evil spirits" influence world affairs, and that the Devil is behind Communists.

No wonder that many authors have written about this man, seeking to find out "how he happened". The facts are in the record for all to see.

In his youth the Hollywood cowboy Ronnie took time to make up his mind whether to go **left** (in the Great Depression) or **right**. The question was settled by "McCarthyism", that semi-fascist campaign to crush all progressive movements (and thoughts) in USA.

This highly successful drive appealed to Reagan's movie-star ambitions, and he quickly took up the fight against "evil Red spirits". This brought him to the notice of California's rising banker-industrialist groups. Appreciating his *acting* abilities, especially his convincing speeches, *written for him* like movie scripts, the **Republican Party** cultivated Ronald Reagan ambitiously.

Reagan campaigned very well for Barry Goldwater. So well that the "big business mafia" in California financed Reagan's own campaign for **Governor**.

In 1976 he failed to get the national Republican nomination for President. This heightened his resolve to cultivate the powerful new forces in the Western states, where the military aircraft and electronics corporations were booming.

This wealth in 1980 swept Reagan into the White House.

---

Before him, Truman and Eisenhower, Kennedy and Nixon, all in one way or another had preached about the USA's destiny, its "special responsibility" to humanity, the "divine mission" which Washington must fulfill. But Ronald Reagan took over *with no reservations*.

He was totally committed to battling the world's "evil forces" (Socialism and Liberation). At the same time he was backed by **tremendous material force**, an armament colossus which was his to multiply without end.

Reagan's "script" called for **action**.

He immediately lined up USA behind every fascist, **repressive, undemocratic regime** in the world.

Cautiously, he promised the people at home that he would spare them from nuclear war. Arrogantly, in Europe, he demanded that confrontation with the USSR must occur with nuclear weapons **on that continent**. Thus USA would supply the force for its allies to use, committing suicide.

*God Bless America*.

Reaganism is not only blind to the world's **peace forces**. He cannot even see that the balance of **economic and political power** is no longer in USA's favor. He has no understanding of the **end of colonialism**.

The Messiah of Capitalism presents himself to mankind at the very time when imperialism is a faith that is passing into oblivion. Even **its supreme force**, nuclear missiles, is **fully matched** by the forces of Peace and Socialism.

(Next month we'll consider the **grave dangers** these *policies of ignorance* impart to Reaganism).





This was a dismal swamp just a few years ago, but Leningrad planners and builders have turned it into a beautiful residential area overlooking the Gulf of Finland, soon to house more than old St. Petersburg.



Now when you visit Suzdal you can stay overnight in new-ancient wooden houses, reproduced to look like monastery cabins.



Their famous "Metro" has changed one way: more beautiful stations, and even faster service. But the fare stays at 8 cents.



Visitors to Byelorussia find the Hotel Planeta in Minsk very modern. But the city also offers motels and camp-sites for people driving cars.

# What tourists are

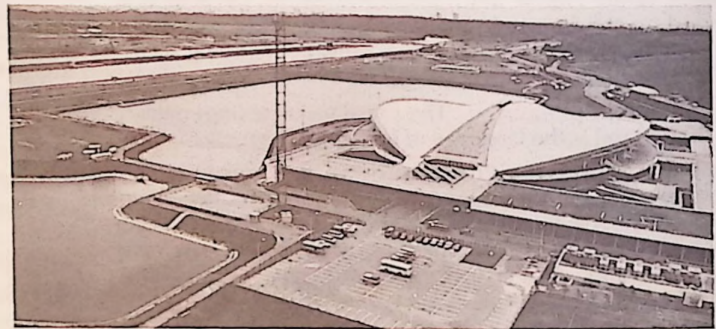
Five million visitors went to the Soviet Union last year. The vast nation that is being transformed fast.



People familiar with Sochi on the Black Sea will spot this brand new tourist hotel, Zemchuzhina. Even if you don't take health treatments, the beach and boats make for a terrific vacation.



Not everything changed in the city of Stalingrad. The battleship Aurora is still in the memory of Stalingrad.



Not an airport but the vast Olympic sports centre at Krylatskoye (Moscow suburb), now operated by Trade Unions. World's biggest indoor cycle track, for all-year training. In summer the rowing canal serves tens of thousands.



In Samara, the world's heritage.



Many leading art critics believe the famous Tretyakov Gallery in Moscow now has a collection second to none. All periods in the Arts are represented.

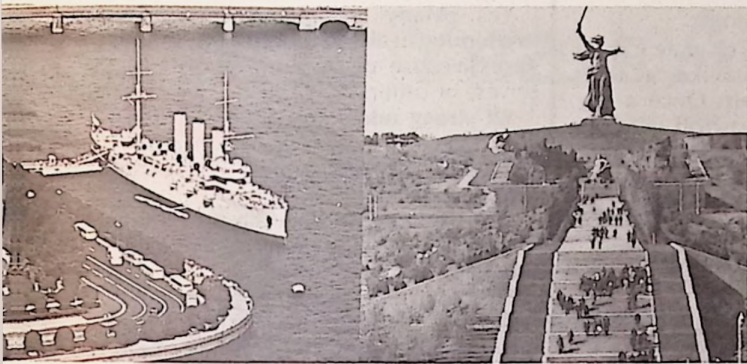


Up in the mountains, a different boat ride.

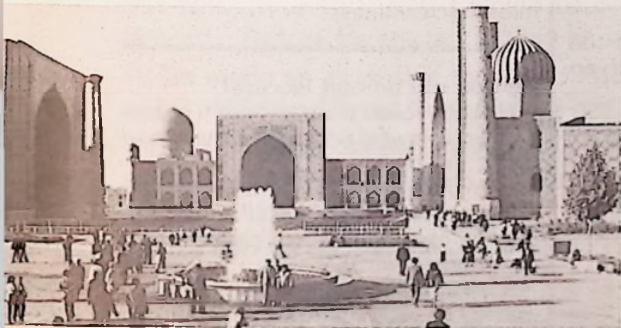


# seeing over there

tion this year, and they saw a  
er than ever in its history.



ges. Many places in USSR are immortal. At left, the famed  
which started the Revolution is now a fascinating museum. At right:  
ad's defenders will last forever.



and you can live for a while inside an ancient oriental  
ks to Socialism's policy of saving Man's cultural  
nd to labor of restorers.



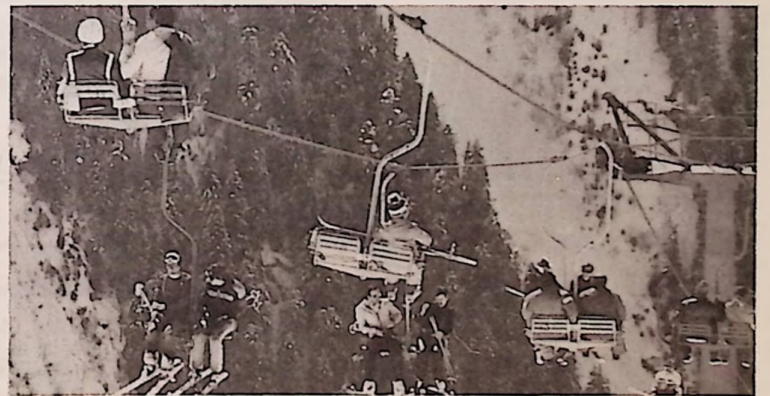
orthwest (in Lithuania) you can return to  
llistorical past, when you take a short  
Beautifully preserved Trakai Castle.



if you visit Khiva in Central Asia you just might be lucky  
enough to meet Blkadzhan Matkarimova, and get her to  
show you how she makes these rug masterpieces.



Few visitors leave without buying a few of the exquisite  
hand-crafted souvenirs that are featured in many big  
stores. Problem we all face: which ones to buy!



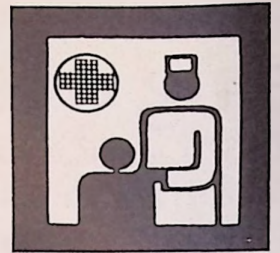
What's new for most visitors to USSR are the big winter vacation and  
sports centers opening up. Here's the ski lift in a Dombai Valley  
resort (Circassian Region).



Europe's biggest hotel, the famed Rossya, right in the heart of  
Moscow, offers many attractions within walking distance.



# If you ask their Doctors



Millions read questions in Soviet Health magazines, with answers supplied by leading specialists who encourage "self-care".

## Is cabbage-juice good for you?

Cabbage has such a profound effect on the digestive system that it is credited (in USSR) with having in it *Vitamin U*, an anti-ulcer factor.

Cabbage stimulates recovery of damaged tissues in stomach and intestine. This could be due to its generous content of several vitamins, organic acids, calcium and potassium.

To prepare a litre of cabbage juice you start with 2 kilos of leaves (over 4 pounds). Discard outer leaves. **Mature** (not young) cabbage is best.

Follow directions for making vegetable juices in your **blender**. No cooking. After "juicing" you **must strain** the liquid.

Juice is widely prescribed in USSR for people with ulcers or other digestive-system ills, like gastritis. Dose: small cupful half an hour before meals.

**But note!** Soviet specialists do not recommend that healthy people take cabbage juice. Far more benefit comes from eating whole cabbage in soups, salads.

The juice is really a *medicine*, for those who are unwell.

Must be prepared fresh every **two days**; don't store any longer.

## Can music affect the nerves?

Although music is widely used in USSR to help people to relax, lower blood pressure, overcome weariness, etc., **loud prolonged music** can do much harm because it affects people the same as **unpleasant noise**.

Especially true in apartment buildings where the music is "muffled" and comes through only as real noise.

"Modern" music heard for long periods *damages the central nervous system*, and is the cause of much emotional upset and weariness, the victims being unaware of the cause of their symptoms.

Loss of memory, poor attention, feelings of anxiety and disturbed sleep result from "music-noise". People with mental-nervous problems, or heart trouble, may be very susceptible to excess music.

It is worthwhile to check this "music factor" if problems noted above persist.

## Does garlic help the hair?

Yes, it's a real hair tonic.

To use it, you pulp or grate a garlic clove and apply it like a thick "porridge" to the hair. Once a day. Leave on two hours, wash off with plain soap.

For **dry hair**, mix some vegetable oil with the garlic paste, but use this only twice a month.

Garlic can **stimulate growth** of hair, make it healthier. Because it contains powerful "phitocides" effective against bacteria; and stimulates hair follicles.

*(No advice about what to do with the smell!)*

## Do children need lots of milk?

No. Many youngsters drink far too much. After infancy, they need no more than a pint daily.

Many children, drinking excess milk, develop anemia.

Best to encourage them to drink "fermented" milk products like yogurt (pure, not sugared) and "acidophilus" milk.

Children drinking excess milk as a rule turn down vegetables, fruits, fish, eggs, bread, and thus get unbalanced diet.

## What makes hands, limbs, tremble?

It's muscles that cause **tremor**. May be vigorous or so slight as to be unnoticeable.

Most people who get tremors are not ill; they have temporary emotional troubles, or lack sleep, or have used muscles excessively.

Drinkers and smokers very often show noticeable tremors. Exposure to cold is another common cause.

However, **serious tremors** are a feature of Parkinson's Disease.

Similar uncontrollable trembling sometimes affects people with high blood-pressure; or with hardening of the arteries in the brain. Any tremors that **persist** give you a warning to visit your doctor at once.

Ordinary tremor can usually be cured and **prevented** by taking plenty of **physical exercise**; and by eating **less salt and spices**; and above all by quitting smokes and liquor.

## Can perfumes be harmful?

Yes. Many people suffer from mysterious health problems caused by excessive use of perfumes on themselves, or others.

**All strong odors** can have negative effects on the nervous system. In some people real "odor allergies" can cause serious ills.

Many people find certain perfumes pleasant in winter (or summer), and offensive in other seasons.

Perfumes may "spoil." They should be kept tightly sealed and in the dark (a drawer).

Sometimes in public places many different perfumes, in excess, can cause unpleasant symptoms, even attacks of nausea.

Perfume should never be used to mask uncleanliness.

## How do you prevent hiccups?

Hiccups result from a sudden spasm of the diaphragm (inside the chest) and throat muscles.

Everybody gets them at times. Medically, the basic cause is still a mystery. But some apparent causes are common.

Such as getting chilled. Drinking too much. Overeating, especially dry hard food.

Many "treatments" are known. Simplest is to take 2-3 swallows of water, holding the breath. Or, take very deep breaths.

Frequent hiccups call for a quick trip to the doctor, because the problem may have a deep-seated cause which can be cured if treated early enough.

## Okay to use pepper, mustard, and vinegar with meals?

All these are *valuable*, taken in *small amounts*, by *healthy people*. Such "condiments" stimulate and often improve digestion.

But in some people pepper and mustard can harm the entire digestive system. They cause many ills which seem to be mysterious.

Anyone with digestive problems, high blood-pressure, or kidney disease, must eliminate them.

Never (as many do) cut down on **salt** only by increasing the use of **pepper!** It's worse.

Vinegar is far less harmful if digestion is fairly normal.



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- "Cool It — For Health" — Simple, safe, pleasant ways to use "cool" to develop improved body functions. 201
  - "Cures With Magnets" — Ridiculed here, but in USSR they get results using magnets in special ways. Low cost. 202
  - "How To Avoid Brain Strokes" — This can save lives, prevent disability. Simple to follow, no drugs. 203
  - "Vitamin E: Fraud or Necessity?" — Clear facts that help you decide a controversial issue of great importance. 204
  - "Using Words to Make You Better" — Very different approach to physical, mental, emotional health, any age. 205
  - "Seven Whole Grain Foods" — Far more to health than 'whole wheat', as you discover, pleasantly, in this. 206
  - "They Use Bee Hive Glue" — Not for sticking things, but as a surprisingly effective health treatment. 207
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  - "7 Everyday Medical Problems" — Very condensed but just as valuable are these solutions to common ills. 416
  - "7 Common Health Questions" — Selected by USSR doctors because they apply to great many people everywhere. 417
  - "Health Questions Many Ask" — Answers given here could save you a lot of money, misery, trouble. 418
  - "7 Frequent Health Queries" — More in our highly popular series of ways out of widespread difficulties. 419
  - "Spend Your Spare Time in Motion" — Many find that this way-to-live pays richly in vigor, enjoyment. 420
  - "Choose Your Own Health Fast" — Shows how to get all benefits from fasting serious ills, discomforts. 421
  - "How Salt Causes Sickness" — Includes remarkable simple way you can determine if salt is your trouble. 422
  - "How to Analyze Yourself and Others With Hands" — Fascinating discovery that can pay off in health. 423
  - "Help Your Pancreas Keep You Energetic" — New, surprising health guidance that greatly benefits many. 424

**You read of amazing operations performed in USSR, but our papers don't tell you that millions there use approved self-treatment at home.**

- 
- "Seeds of the Sunflower" — long favored by 'health fans' here, in USSR medical science affirms their great value. 209
  - "How They Live Past 100 Years" — Not by 'miracles' but using methods which anyone can follow beneficially. 210
  - "To Stay Young, Keep Off Diets" — Facts here could restore eating-pleasure to you, plus health dividends. 211
  - "Booze" — They don't have prohibition in USSR, but here is what experience shows them about alcohol. 212
  - "Maybe You Need More Bread" — Their approach to 'Staff of Life' could show you how to enjoy real health. 213
  - "But You Must Eat Fats!" — Doctors in USSR don't buy the no-fats theory, and here's scientific evidence. 214
  - "Vitamin C: How Much For You?" — New angles on one of the most disputed health factors in the world. 215
  - "Cancer Causes and Cures" — This cool look at grim disease can help to avoid attitudes that ruin lives. 216
  - "24 Walks For Health & Vigor" — Most surprising, enjoyable system for exercising you could find. 401
  - "Your Emotions, Your Life-Savers" — Very few people know there are ways to use emotions for health, often when all other methods fail. 402
  - "Bee Pollen" — Explains why they use this 'odd-ball' natural substance as a very potent health treatment. 403
  - "Garlic for Health" — Explains unusual benefits, and also cautions against garlic in certain disorders. 404
  - "Any Sense You Taking Ginseng?" — Millions take it in USSR, with doctors' OK. Scientific reasons why. 405
  - "Using Words Instead of Drugs" — Not as weird as it looks. Very effective, and surely does save money. 406
  - "Vitamins In Air You Breathe" — You can enrich the air, without spending a fortune on equipment. 407
  - "Sun-Flower-Power" — Recent findings in USSR add weight to belief in health powers of sunflower seeds. 425
  - "Sore Throat" — Everybody gets it but here are treatments and important guides to avoid real trouble. 426
  - "Why and How to Cure Constipation" — Almost universal ill can be banished for good, with marked benefits. 427
  - "Killer Kidney Disease Nephritis" — It can be halted, cured, but you must know cause. No drugs. 428
  - "How Habits Can Save Your Life" — We're never told about habits-for-health but they're easy, powerful. 429
  - "Take Off Weight With Your Hands" — Pleasant, more effective than costly devices, and real health-builder. 430
  - "Increase Your Load to Save Your Life" — Easier than you imagine and gives benefits very first day. 435
  - "Loading Your Heart for Finest Health" — Valuable by itself, but we recommend you use it with 435 above. 436

**How do you measure value of healthy life? Not by high cost of drugs, surely. Most health methods we offer cost nothing whatever to use.**

- 
- "You're Feeling Tired? That's Good" — Their view on weariness could change your entire way of living. 408
  - "Save Yourself From Gallstone" — Practical methods recommended by doctors in Soviet clinics; no drugs. 409
  - "Don't Let Cancer Scare Spoil Your Life" — Common-sense view of Soviet specialists is a 'god-sent'. 410
  - "24 Motions to Normalize Blood Pressure" — They use this to get people off drugs. Pleasant, simple, no-cost. 411
  - "Keep the Spring of Your Life-Clock Wound Up" — Astonishing new approach to maintaining health, vigor. 412
  - "Should You Quit Sugar?" — Answer is more complex than 'health fans' think, and here you'll discover why. 413
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  - "Sexual Activity in Mid-Age, After" — In dispute here, but in USSR specialists believe they have answers. 415

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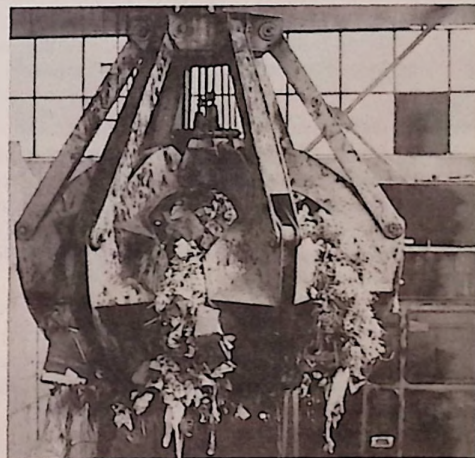
# PROFITABLE GARBAGE

While garbage disposal becomes a critical problem for many of our cities, Moscow now is making good money out of theirs.



This Pumping Station handles 800,000 cubic yards per day of liquid sewage from Western and Northern sections of Moscow. Kept spotless and odorless, it works in conjunction with huge disposal plant nearby.

Right: here's the incinerator, which not only burns garbage but uses heat (in winter) which is sent to giant city network of central hot-water heating systems. Here metals are separated. Dust doesn't get out that chimney but is captured in special filters and processed for valuable materials.



Solid, non-liquid garbage goes from collector pits into the incinerator, via this loader.



Great quantities of metals are thrown away in garbage. Moscow's plant recovers them from the incinerator. This is how the mixed metals appear as they come from the compressor. They are sent to a refinery. The iron isn't very valuable but aluminum and even some costly metals are recovered at high profit rates.



Incinerating plant is operated from this panel. Not all solid garbage is burned. Special collections from restaurants go to a separate plant where nutritious waste is processed for stock farms or converted into special fertilizers.



# Those nasty competitive Soviets

**You see here the world's most advanced freight ship and only one of its kind, made in USSR, named 'Tibor Samueli'. New "lighter carrier". Carries 26 separate ships (lighters). See how Socialism competes with Capitalism.**

---

A *Toronto Star* newsman, Handelman, last summer ran a sensational account of growing hostility to Soviet freighters. "The Red Flag flying in a Western port," said he, "is not a sign of East-West goodwill."

You see, "the huge Soviet fleet of commercial ships" now threatens the West "in a far more ominous way than the presence of Soviet missiles in Europe has ever done."

Well, that's what the man said. Turned out that he meant *commercial competition* offered by Soviet ships "is a war we are going to lose unless Western powers wake up and do something."

Where there's smoke, there's fire? Take a look. The various Soviet shipping lines now have some 7500 freight boats on the seas, calling regularly at ports in 120 countries. However, since they have few oil tankers, Red Flag ships rank down in *sixth place* as carriers of tonnage. Hardly the dominant freight power.

However, Western lines are in a bad way due to the world economic crisis. And it riles them to see Soviet lines picking up more business every year — no crisis in Socialism. Worse: the Red Flag carries more and more Western freight every year.

How come? Soviet ships are faster, newer, can give better service. *More profitable to use them!*

There's the essence of Handelman's "ominous" threats worse-than-missiles. Western lines, like Canada's big Cast Ltd., are dropping profits steadily, and their way out (as the Royal Bank of Canada dictated in November) is to slap on freight price increases of no less than 33 percent!

Amusing to see the real "threat" there. Cast Ltd. hauls armaments for our Department of National Defence. So up shoots the cost of weapons by 33 percent!

The old, old story. In Capitalism you must reduce costs to stay competitive in fighting your rivals.

The Red Flag of Socialism shows how it's done.

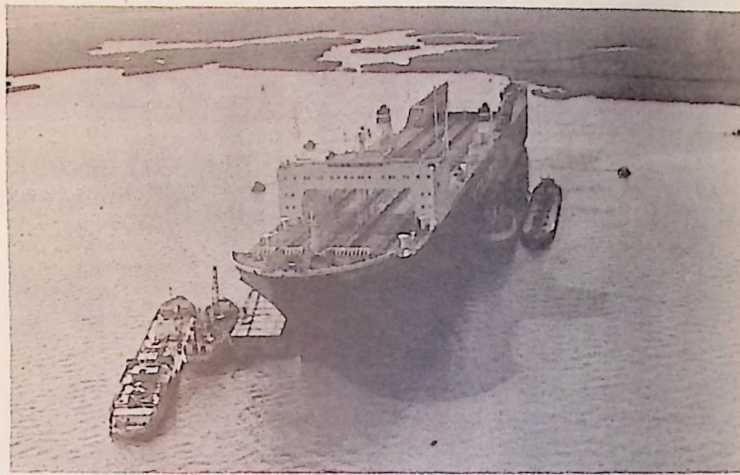
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What the newsman Handelman failed to find out is what is both *frightening* and *attracting* Western shippers. It's called "Interlighter". A line formed only five years ago by Bulgaria, Hungary, Czechoslovakia and the Soviet Union.

Our photo shows the world's most advanced freighter, latest in the Interlighter fleet.

These revolutionary ships carry "lighters" — rather small craft carrying about 1000 tons each. The new *Tibor Samueli* can pick up 26 lighters. Speed them at 20 knots, with its engines of 32,000 HP. When they reach destination there's no need to find a big port, because lighters can be lowered into shallow water, to sail under their own power.

A lighter is really a gigantic "container", able to carry about as much as 20 railway cars, quickly move to a factory dock (or other facility), unload, and return to the "mother ship".



Thus, a shipper on the Danube river can load an entire interlighter ship in 14 hours, then sail speedily to India or Hong Kong or Canada. Unloading is done just where desired (lighters are "go anywhere" craft). No reloading. *Costs slashed.*

Latest advancement: on top of the interlighters (over the decks carrying the lighters) new containers handle delicate costly cargo, like electronics equipment. At drastically lowered expense.

In its first five years Interlighter Lines has handled 1,500,000 tons of freight.

Inevitably Western shippers, charters and shipping brokers have beat a path to the Socialist line's offices. Big pay-off: interlighters can also pick up cargo wherever they deliver it, opening the way to further sharp reduction in freight costs.

However, up to now it seems that cutting freight delivery time in half is the big competitive advantage of these new Red Flag ships.

This explains why superior Socialist freighting is so "ominous" to backward Western lines.

West Germany, Austria, India, Pakistan, Vietnam, Yugoslavia, Rumania, France, Persian Gulf ... Soviet shipping lines are doing rapidly growing business almost anywhere on the world's water maps.

Interlighter is not subsidized in any way. It's highly profitable. For both Socialism and Capitalism.

Unless competition has become a dirty word?

---

In this time of hate-filled media propaganda it is good for you to discover something humane.

Our papers and TV people never ever breathe this, but sailors of East and West get together almost every day in what's become known as **The Pacific Cup**.

This year 6,000 seamen have competed in football, volleyball, basketball, chess and tug-of-war. They are crews of ships of every nationality, who get together for friendly games while in port.

One Soviet crew has competed in 30 countries, including Canada, Japan, Philippines. Since the idea was started, 15 years ago, 90,000 sailors have played together, in 60 ports round the world.

These competitions were first proposed by the Soviet Union's Pacific Trade Union sports club, *Vodnik*. And to this day the competitions, scattered all over the globe, are reported by ships' radio to *Vodnik's* head office in Vladivostok. Results are then relayed back to all participating crews.

No real "promotion" has been required. Sailors are enthusiastic about enjoying sports, however briefly, when they have shore-leave.

Of course this would scare Handelman out of his wits.



# Life gets better down on the farm



Up on the Baltic, in Estonia, nearly all Collective (Co-Op) farmers are now housed like these families in Pylva District. Rents, or payments ("mortgage"), are extremely low.



Farmers in Maryino (central Russia) now have a Friendship Housing Co-Op, and the buildings are very attractive. House interiors, long a problem over there (lack of skilled labor) are also becoming attractive as you see here.



Far south in the Dnepropetrovsk Region of Ukraine, farm families in the Pobeda Co-Op prefer homes in their own traditional styles, with lots of surrounding property for gardens and orchards. All over USSR the national economy helps to subsidize farm homes.



Farmers have very different tastes down in big tea-plantation region of Dagomys. State farmers prefer to live in city-type high-rise apartments.

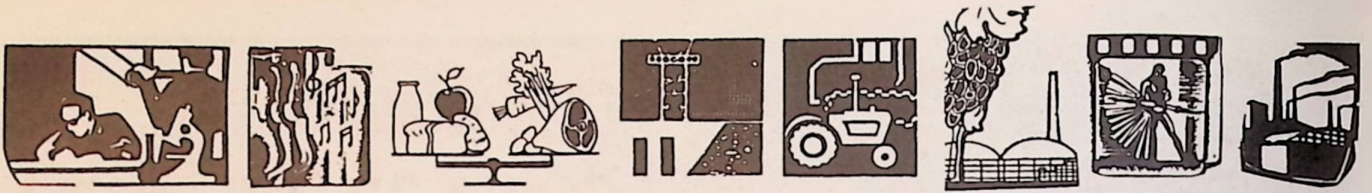


At left: housing styles are distinctly different in village of Rassvet, down south in Rostov region. But as you see, houses there vary, usually because youth favor more modern exteriors.



One sign of increasing prosperity of Soviet farmers is the car and motorcycle, which you can see all over their countryside today. These families are of the Gagauz nationality, village of Beshalma, in Moldavia.





# What they're doing to Socialism now

Last year you saw stories in the media about a "slow-down" in USSR. Not mentioned now. NN took a first-hand look to get you the latest facts.

Contrary to common belief, since back to 1950 the *rate of growth* of the USSR's economy has been getting *less*, each year. But this is a "percentage" trick. Instead of increasing by 10 percent yearly, they're now growing by less than 4 percent, *Slowing down?*

Truth: in all major branches of their economy, Soviet people have scored **far bigger** rates-of-growth than has USA. In total, 8.7 percent vs 4.0 percent. In the chemical industry, 12 vs 7 percent. In iron and steel, Soviets 6.9 percent, USA 0.4 percent. (All since 1950).

USSR has made enormous gains in **energy output** (nearly half of the world's total now!). In oil they're far ahead of USA, catching up fast in **gas**. They've just overtaken USA in **fertilizers**, and make almost double the quantity of leather footwear than USA does. Only USA and Japan make more TV sets now than Soviets do.

Yes, but **why** have they cut growth-rates at all? Is something wrong, something "wearing out" in Socialism?

Didn't take NN long to see the answer.

With today's enormous production, Socialism is likewise making enormous profits. So instead of doubling and re-doubling their output, in their present stage of developed Socialism they are **paying out more and more profits** to their "shareholders", **the whole people**. While still keeping up a program of investing-for-expansion.

*Some program!* "Slowed down" Socialism, increasing its growth "only" 3.2 percent this year, is now so vast that their investment actually is \$232,000,000,000 in 1983!

While industries are **shutting down** all over Capitalism, Soviet workers in the past year **started up** over 400 huge new production enterprises.

Actually, from 1971 through 1980 USSR put "on stream" no less than 3,200 major production projects. **More** than ever in 10 years. But each year they built **fewer** such bases. Because Socialism doesn't strive for *endless growth*, its goal is to serve the people.

Today, serving the people means taking more and more profits out of the economy to raise ever higher the "social benefits" their system brings.

While, at the same time, making sufficient investments to assure further, desirable economic growth.

This is worth your second look.

They're not merely cutting down on the total dollar value of new investments. They're *changing* investments in two radical ways. First: instead of building entire new enterprises from the ground up, they're **ripping out** old ones and modernizing them with advanced equipment, at great savings.

Second: they're **modernizing everything** to achieve huge production gains at comparatively small investment cost.

NN found that Soviet planners won't consider any new enterprise if there are any available ways to obtain its production from **present, rebuilt or expanded** plants.

The scale on which they're doing this right now is really something to see. You get an idea from the cost. Rebuilding and refitting older Soviet plants, just **this year's bill alone**, is costing 38 billion dollars!

Another vital fact: no longer do they seek only big increases in output, but their emphasis now is on **higher quality** output (both industrial and consumers' goods), having longer service life, and produced with much less labor (their worker-shortage is severe).

One example: famous textile mills of Ivanovo have installed 60,000 new looms and modernized another 125,000. This enabled **fewer** workers to turn out 25 percent **more** fabrics. Wages of spinners and weavers have gone up a whopping 60 percent.

In all these modernization programs major stress is laid on improving conditions of labor. By automating the most strenuous and boring jobs; by drastically improving ventilation, lighting, and other factors that cannot be measured in dollars; and also by stepping up plant housing-construction programs, with associated transportation improvements.

Obviously, Soviet Trade Unions are enthusiastically backing these changes in Socialism's growth. We repeat the **basic economic change** that's taking place: billions more profits are being "diverted" from industrial expansion into direct benefits for the people.



The West paid little attention to an unusual event in USSR, back in 1978. This was the formation of The Academy of the National Economy, the first high-level "university" for training leaders in planning and production. The Academy admits about 100 students per year, for a two-year course.

Students are up to 45 years of age, and have very high economic performance-records before acceptance.

The teaching staff is unequalled anywhere else, and includes many members of the Academy of Sciences, plus high-ranking officials in Soviet ministries. This is the first Academy of its kind, in Socialism, entrusted with developing people who will lead in the planning of the entire system.

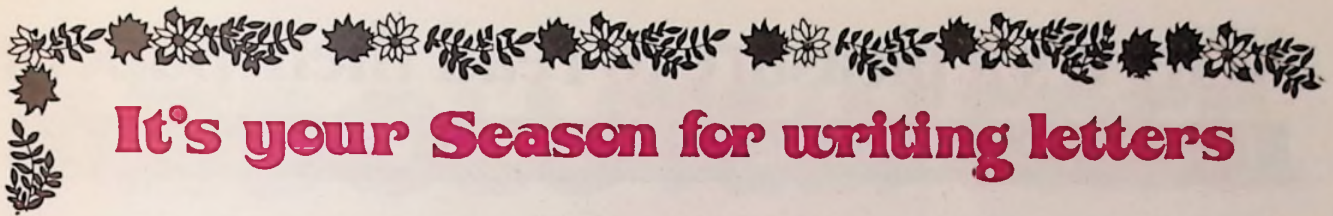
Needless to say, there is no corresponding academy in our world of "free market economy". NN Readers will be interested in its main features.

Courses are tough. Regular studies take about 60 hours per week. But this is now being increased as "students" become involved in actual planning projects of the Soviet economy.

Half their study-time is taken up with lectures on the theory and practice of managing the giant economic system of Socialism, with emphasis on major sectors such as the new agricultural-industrial enterprises, scientific and technological change, rational use of natural resources and (increasingly important in Socialism) the social-psychological part played by leaders in planning.

NN found that the Academy has already graduated some 300 leaders. All of them were appointed to important posts. About 8-in-10 moved on to higher positions than they had held before; and the others already were in top levels of responsibility.





# It's your Season for writing letters

"Watching the news and seething at what is happening in Grenada. Can't anyone do anything to stop that man Reagan? If he gets away with this, will it be Nicaragua next? Then Canada, to punish Trudeau for expressing his doubts? Does Reagan have any policy other than blatant interference in any nation that does not bow to the Great AMURRICAN way of life? Sickening!" M.D.

"When is NN going to give us the full story on what happened in Grenada before Reagan invaded the island?" L.F.

Reply: Best we can do is give views of those closest to the action — the Cubans. See their statement (re-printed in Pravda) on Page-3. Naturally we at NN feel very badly about the Grenadians, with whom we've had friendly relations for years.

"I see the USA government has reported on the full cost of having a child in that rich country, and raising it to the age of 18. If the family lives modestly, they say, the kid will cost the parents \$83,000. Gave me a laugh to think of that Soviet family whose picture you ran. Their 13 boys and girls, in Reagan country, would set them back \$1,079,000. No wonder they're so strong for abortions in USA." M.C.

"To all my dear friends at NN, greetings on November 7, this greatest holiday of all progressive mankind. I am starting my third year living in the Soviet Union. In 1917 the people were fortunate to help in the birth of a "baby", the one Churchill wanted to kill in its cradle, Socialism. He tried. Hitler tried. Now Reagan is preparing to harm the grown-up Man? Thank you NN for great work. May the truth win and liberate all Mankind!" J.A.

"Someone should ship Reagan a few gallons of Murine to get the "red" out of his eyes. Plus some kind of brain-clearing oil to re-start his mind, if that is possible. I hope by the time the next NN comes out you will have all the facts on the Korean plane. It is well to recall that the Israelis downed a Libyan plane in 1973 with loss of 110 innocent lives. And one could write a 10-volume series on the massacres of the USA's native population since they 'christianized' the country." M.M.

"It is my belief that if the whole world had complete freedom of information about the whole world, then the power of truth would make war impossible." E.S.

"I've been told that when the Soviets sent up Sputnik One, first satellite in human history, and recognized as a great historic and scientific feat, that General Ike Eisenhower sneered at it with the words 'Any fool can send a piece of iron up into the sky.' Did Eisenhower say it, or someone else? Are the words correct?" M.L.F.

Reply: We appeal to Readers to answer both questions for M.L.F. and for NN! Such a statement was definitely made, but we'd like exact facts. Write please and give reference!

"When Anatolie Karpov won the world chess prize of \$180,000 (or thereabouts) what amount was he allowed to keep? I value NN very highly. Keep it up." O.S.

Reply: So far as we know the Soviet income tax on high incomes is 50 percent. It's rare that any Soviet citizen picks up such money, though some super-popular singers (recordings) and poets (books) get into that 50 percent tax bracket. However, note that such income is **directly earned** by the taxpayer **personally**, and doesn't come from "investment" — no such income in USSR, where "unearned income" is **illegal**.

"Few years ago I wrote about possible reprinting of the report "Soviet Youth Answers the Great Steinbeck". For use in my classes. Any word of it?" L.R.H.

Reply: Unfortunately, no. Any NN Reader who may have a copy? Write us.

"So USSR cancelled hockey matches in USA this year. This is the way to handle it! Let Washington know that no Soviet person will set foot on USA soil until the vicious official anti-Soviet hysteria stops! Good start would be the upcoming Olympics. Let them play with themselves and their lackeys. Then they'd be sure of winning!" B.A.

"How about publishing the truth, the whole truth, about Dentistry? Isn't it a capitalist plot against the common people? And half our population is toothless by the time they reach middle-age." A.M.B.

Note: Would Readers like such a Report? Do you agree with the above view?

"Soviet peace policy can be expressed in language simple enough for a child. It is in the lyric of one of their popular songs. 'Let there always be sunshine; let there always be clear skies; let there always be Mamma; let there always be me!' Hopefully, we'll win." G.B.

## Let us take heart

Wars and rumours of war have become such an everyday occurrence that we are unwittingly being brain-washed to believe that it is now normal. It is a subtle but almost hourly thing. We here in Ontario have a lottery called "Wintario", and even the TV ad for this is "What A Blast!", showing a great explosion, blowing up the earth, with no "bang" of stars or prizes.

We're being conditioned for war just as were the people under Hitler.

But people today can see this if they watch for it. With communication faster than ever before, we have an opportunity to do something about it. We see what's going on in Lebanon. We quickly heard what happened in Grenada (though the USA kept us from seeing much, for fear we'd see how wrong they were.)

People all over the world are more aware than they were in the 'thirties. Many, many see what is happening in the name of saving democracy. We know this is a white-wash for Capitalism, to force its way on people even when people do not want that way.

We can take heart because even our Prime Minister sees the need to stop the rush to total destruction of our planet.

People all over the world, in great numbers, are speaking out, and their voices are being heard. Let us join together and stop the threat of war which is brought about by the lust for wealth and power. Political leaders have not been listening well enough to the people who elect them. But we must take heart and make them listen.

Recently we held services to remember our War Dead. Let us not remember them for one day a year, but remember that they died in a war that was to end all wars. This has not happened. But we must work for it.

When I think back to my recent trip through the Soviet Union with my husband, and all the wonderful people we met, I feel sure that the threat of war is NOT coming from them, but from that part of the world where profit and power is the rule.

I leave you with the thought that it is not too late for us to make this a truly wonderful world, where Peace and prosperity can be our way of life.

Let us take heart, knowing that no matter how little we do, joined with others' "littles" it will add up to a great victory, for ourselves, for our children, and for mankind.

Sally Carter



# Why it's a pleasure to read their papers

Too bad that lack of space compels us to condense all these news stories.

What really infuriates USA is the remarkable fact that Soviet industry now turns out more goods than the entire world did in 1950. This offers all objective economists and politicians conclusive proof that Socialism is overtaking Capitalism on a planetary scale.

Soviet electronics researchers have come up with a revolutionary device which "scans" fruit and vegetables with ultra-violet light, then "reports" on their condition. Quality, and spoilage, can be immediately diagnosed, just by examining a very thin surface layer. Device even picks out a fruit or vegetable which is on its way to spoilage, though nothing can be detected by human inspector. Can be used at harvest time and during winter storage. Rejected produce is diverted for use in fodder or industrial alcohol and starch plants. Enormous savings will result.

Treating people with "needle-prick" therapy, or acupuncture, is giving way in USSR to similar but more effective systems that use laser beams, electric needles, heat rays, finger-tip massage and even vacuum-suction. Many more patients respond to a variety of treatments.

Big stimulant for Soviet farmers has come from a new state-purchasing program. Recognizing that some farms cannot equal yield and efficiency of best areas, the national agricultural agency now pays for crops from "poor" farmers 20 to 25 percent more than national average. Proving to be a real stimulus in getting maximum harvests possible from poorly-rated regions.

Riga, capital of Latvia, is getting the USSR's 15th Metro (subway), though its population is small (only 870,000). Reason: Latvia draws huge numbers of tourists to Jurmala resort, outside Riga, and population of city runs to 1,400,000 at times. First Metro line will be 12 miles long.

Vilnius, capital of Lithuania (another Baltic republic) had so many tourists this year that they totalled 50 percent more than the whole population. About 5 million visitors poured into Vilnius and other centres rich in cultural facilities and traditions.

Recently an "endangered species", the beautiful Saigak Deer, long listed in the Red Book, has been saved once and for all. Numbers have increased from 200 to nearly a million, as a result of Soviet preservation measures. Saigaks, resembling antelopes, date back to days of mammoths. Their meat is wonderfully flavorful, better than reindeer, elk or even quality beef. Their horns make a famous medicinal- tonic. In fact, killing them for their horns just about exterminated Saigaks. Today Saigak horns are worth as much as silver fox.

An alert chemist in Uzbekistan noted that waste materials from silk-worm cocoons contains *sericine*, natural glue with unusual qualities. When mixed with heavily polluted water of textile factories, *sericine* causes solid pollutants to settle out. In first silk combine to try the method, at Margilan, savings (in purifying water) ran over \$150,000 per year. Now cocoon "waste" will become an industrial commodity.

Soviet Lada cars have won again, this time in famous "1000 Lakes Race" in Finland. Route is 1,461 kilometres with 50 high-speed stretches. Lada-1600 came first in its class, Lada-1300 came second. One of toughest courses in world, it is one stage in a world rally. Of 174 driver-crews starting, only 60 survived to complete the race.

"Library of World Literature for Children" has come out in USSR. Its 50 (1) volumes started to appear in 1976, and completion is scheduled for 1986. Includes 120 of world's finest writers. Each of 50 books has 400 to 500 pages. But cost is only \$3.00. The issue of 400,000 copies has already sold out. With strong demand that second edition be scheduled right away.

World's most powerful nuclear energy plant has started its first unit, of 1,500,000 kilowatts. Located in Ignalinskaya, Lithuania, this plant will have four such reactor units. If such a power plant burned coal it would use 800 railway cars of that fuel every day. With frightful pollution and acid-rain effect.

At the height of anti-Soviet hysteria this autumn, some 400 business men from USA attended "Agriculture-USA" Exhibition in Moscow, in October. They represented 109 companies eager to do business with Socialism. No wonder. Latest estimate is that USA corporations lost 2,000 million dollars by not selling gas pipeline equipment to Moscow. And the big line was finished well ahead of schedule.

Schools for young parents are appearing in several Soviet cities as a result of successes in Moldavian Republic. Mainly, these schools teach parents how to advance the physical education of boys and girls, starting with swimming for newborn babies. Over 100 children's clinics have also been mobilized to get parents behind "natural health" program.

Mass production of salmon in Ukraine has begun with Black Sea hatchery near Odessa. Fish will be bred in salt-water Lake Budzhakshy. Salmon from fresh waters grow faster, bigger, in this salt lake.

Healing sick people with TREES is the latest in Soviet natural-health treatments. In a Yalta (Crimea) health resort they have a huge tree park divided into 7 zones, each with thick groves of specific trees. Ash, olive, three kinds of pines, two types of cedars. Soviet biologists lead in study of *phytoncides*, compounds excreted by plants. Trees (like pines) have been appreciated for curative power for ages, but this is first scientific "forest clinic". Each species of tree is found to help people who have specific health problems. But! Some trees are harmful, they find. As result of Yalta research, several tree species will be removed from all Soviet health resort areas.

One of world's big yacht clubs is never visited by the rich. But any tourist in Moscow can find it, at beautiful Klyazma Reservoir. This club owns over 125 yachts of all major world classes. Who sails them? Only workers (and families) of several big Moscow plants. Total cost for yachting here is 48 cents per year. Actual huge costs are paid by trade unions and plant managements (from profits). Many other Soviet cities now have yacht clubs.

No more poisonous insecticides for many Co-Op farmers of Zhitomir region in Ukraine. They've found that ants, growing in oak woods, produce poisons that kill many of worst pests, but don't harm animals or people. Last summer alone school children gave ants a boost by building them 20,000 new nests among the oaks.

In Uzbekistan's Children's Hospital, at Karshi, mothers are admitted to the Hospital if the sick child is under one year of age. This improves treatment effects. Additional payoff: mothers are given thorough checkups, thus can be treated for early health problems.

Newest Metro (subway) line in Moscow, connecting new southern housing districts with capital's center, opened last month and immediately began carrying 500,000 people daily. Year after next another similar line will open in Moscow. Saving in people's transportation time is tremendous. Fare? Stays at eight cents. One fare takes you on any number of trips you need to reach your destination. Their trains run at world-record efficiency: 45 pairs of trains per hour. Soviet experts claim Metros offer only solution for traffic problems, in cities of a million or more population.

Eruptions of volcanoes (unrelated to earthquakes) have been accurately predicted in USSR for some 20 years; latest on March 8, 1983, at the Kluhevskaya Mountain in the Far East.



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